Attachment Trauma and Dissociation in Adults and Children

Helping challenging clients with early childhood wounds and dissociative symptoms

Attachment Trauma and Dissociation in Adults and Children
May 16th–17th, 2017, 9:00am–5:00pm
Includes a full day of interventions and practice
Monaco Training Center, Amherst, NY

Who should attend?
Social Workers, Psychologists, Family Therapists, Art Therapists, Play Therapists, Psychiatrists, School Counselors, Child Life Specialists, Mental Heath Counselors and Graduate Students.

Attend an advanced training workshop with Annie Monaco and Elizabeth Davis, two of WNY’s leading trauma, attachment and dissociation experts. Watch videos of dissociation with adults and children and learn various ways to utilize attachment based activities and dissociative techniques to help with permanent healing.

Do your adult clients experience the following symptoms?

- Difficulty forming close emotional relationships
- Extensive conflict with spouse, children, family and friends
- Rigid, inflexible and struggles to have fun and relax
- Seek other adults or inappropriate activities to soothe
- Others “disappoint” them and client has a hard time trusting
- Clinical interventions have very little impact and progress is slow
- Regressive behaviors to a younger age with behaviors such as a temper tantrums
- Multiple diagnoses from many providers

Do your child clients experience the following symptoms?

- Exhibit severe behaviors: including stealing, lying, arguing, defiance, and aggression
- Act like two different children: nice and sweet, enraged and defiant
- Sexualized behaviors
- Hoarding food and overeating
- Meltdowns for hours at a time
- Multiple diagnoses including Reactive Attachment Disorder, Oppositional Defiant Disorder, Disruptive Behavior Disorder, ADHD, and Conduct Disorder.
**Dates**
May 16th, 2017, 9am – 5pm  
May 17th, 2017, 9am – 5pm

**Location**
Monaco Training Center  
4955 North Bailey Avenue, Suite 108  
Amherst, NY 14226

**Cost**
Early Bird (before April 15, 2017): $220  
Regular (after April 15): $240

**Registration**
Please register for these workshops online at anniemonaco.com/register/.  
If you need a printed registration form, please contact Annie Monaco at traumatrainer@anniemonaco.com or 716-289-2037.

**Cancellation Policy**
No refunds after the start of the program. There will be a $100 fee for those canceling 30 or fewer days prior to the start of the workshop. More than 30 days prior to the start of the workshop, there will be a $50 fee.

**ADA Accommodations**
If you require any support for your ADA needs, please contact Annie Monaco at least 3 weeks prior to the event at traumatrainer@anniemonaco.com or 716-289-2037.

**Customer Service**
We are happy to respond to any concerns or questions you may have. Please contact Annie Monaco at traumatrainer@anniemonaco.com or 716-289-2037.

**Learning objectives**

**First Day (May 16th)**
- Perform an in depth attachment history to assess attachment wounds and disruptions  
- Interpret “Meaning of Behaviors” using a consultation form  
- Identify attachment symptoms, behaviors and trauma triggers and understand how this leads to dissociative symptoms  
- Use brain science and window of tolerance to help clients understand their own reactive behaviors  
- Differentiate dissociative symptoms, dissociative disorders and ego states  
- Utilizing scales to determine dissociation: DES, MID and Child Scales

**Second Day (May 17th)**
- Utilize attachment repair interventions such as Parnell’s imaginal attachment figures and Philip Manfield’s resourcing strategies  
- Apply scripts to talk to parents, children and teens about trauma and dissociation  
- Explain to parents their child’s problematic behaviors through the lens of dissociation  
- Manage the symptoms of dissociation using interventions including Jim Knipe’s back of the head scale, orienting strategies and Fraser’s table  
- Utilize play therapy to apply Fraser’s table to learn about ego parts  
- Apply 20 Effective Grounding and soothing tools to manage dissociative symptoms including scents and play therapy activities

**Image credit:**
P. 1: “Baby’s Hand”, CC by 2.0 fruity monkey
Trainers

Annie Monaco, LCSWR, is a Licensed Clinical Social Worker and a faculty member of the Child Trauma Institute & Trauma Institute and University at Buffalo School of Social Work liaison. Annie has over 25 years of experience serving children, teens, families and adults. She is a trauma therapist and has extensive training in complex trauma, family therapy, and play therapy. Annie currently serves as a Board member on the NY Association for Play Therapy. Her private practice includes a multitude of behaviors and issues including foster care, out of country adoptions, juvenile justice and dissociation.

Annie travels extensively throughout the US and internationally providing a multitude of trauma-informed trainings and agency and therapist consultation. Annie is a trainer of EMDR, Progressive Counting, and STAR (Strategies for Trauma Awareness and Resiliency).

Email: traumatrainer@anniemonaco.com
Website: www.anniemonaco.com

Elizabeth Davis, MFA, MS, ATR-BC, LCAT, is a board certified and NYS licensed art therapist with over 18 years’ experience working with at risk youth, families, and adults in WNY. Elizabeth has extensive training in Play Therapy and was a past Board member for the NYS Association of Play Therapy. She is EMDR certified, a Consultant through EMDRIA and a Certified Consultant through the National Institute for Trauma and Loss in Children. Elizabeth is Level One certified in Sensorimotor Psychotherapy by the Sensorimotor Psychotherapy Institute. Currently, Elizabeth serves as the Director of the new Trauma Institute & Child Trauma Institute (TI & CTI) satellite in Buffalo, NY. Its parent location is in Northampton Massachusetts, under the founder and executive directorship of Ricky Greenwald, PsyD, a well-known therapist and researcher in the field of EMDR and trauma. In this capacity, Elizabeth is in involved with training, outcome studies, trauma therapy, and conducts intensive trauma therapy retreats (a new model of therapy for trauma recovery).

Email: davis2wells@gmail.com

Continuing Education Hours

Full attendance is required; no partial credit will be awarded for partial attendance.

**NYSED Social Work Contact Hours:** UB School of Social Work Office of Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0001. 13 live in-person contact hours are approved.

**NYSED Mental Health Counselor Contact Hours:** UB School of Social Work Office of Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0008. 13 live in-person contact hours are approved.

**NYSED Marriage and Family Therapist Contact Hours:** UB School of Social Work Office of Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0007. 13 live in-person contact hours are approved.

**NYSED Creative Arts Therapist Contact Hours:** UB School of Social Work Office of Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #CAT-0003. 13 live in-person contact hours are approved.

**NYS OASAS Hours from UB School of Social Work Office of Continuing Education training provider #0045:** 13 renewal hours for CASAC, CPP & CPS; 13 initial hours in section 4 for CPP.

**Trauma-Informed Certificate Programs offered through the UB School of Social Work Office of Continuing Education:** May be applied as 13 Elective or Skill Intervention Hours for an additional fee. Contact us at sw-ce@buffalo.edu for details.

**3 Hours CE for Play Therapists:** Offered through Ann Beckley Forest, AP 15-406, available upon request.